

ENRICHME

AQUATICS

COMPETITION CALENDAR

Competition	Dates	Venue	Pool	Age/Ability Level	Qualifying	Invited Enrich ME Squads	The Focus	EMA Entry Closing Date
Trojan Ramadan Race Nights (Round 1)	7th March 2025	Dubai Police Academy	Long Course	All	Open	Development, Competitive & Performance Squads	Race Practice	24th February 2025
Trojan Ramadan Race Nights (Round 2)	21st March 2025	Dubai Police Academy	Long Course	All	Open	Development, Competitive & Performance Squads	200 IM Development	24th February 2025
DIAC - Dubai International Aquatics Championship	18th-20th April 2025	Hamdan Sports Complex	Long Course	International & Competitive	A & B Standard	Qualifiers Only	Exposure to International Level	19th March 2025
Cognita Cup	25th April 2025	TBC	Short Course	School	Selected	School A Teams	Cognita Pride	N/A
Apex Competitive Swimming Championship	10th-11th May 2025	Hamdan Sports Complex	Long Course	Competitive	C Standard	Development, Competitive & Performance Squads	Challenge	20th April 2025
Enrich ME Learn to Swim Gala	6th June 2025	Horizon International School	Short Course	Learn to Swim	Open	Stge 4/5/6 Learn to Swim	Fun Competition Introduction	14th May 2025
Hamilton Aquatics Development Series	7th June 2025	Hamdan Sports Complex	Short Course	Development	D Standard	Development & Competitive Squads	Race Practice & Skills Focus	12th May 2025
HA Rubber Duck Meet	8th June 2025	Hamdan Sports Complex	Short Course	Fundamentals	E standard	Stage 5, STS & Development Squad	Fun Competition Introduction	14th May 2025
Hamilton Aquatics Summer Sizzler	21st-22nd June 2025	Hamdan Sports Complex	Long Course	Competitive	C Standard	Development, Competitive & Performance Squads	End of Season Racing	21st May 2025
Abu Dhabi Swim For Life	28th June 2025	Mohammed Bin Zayed City Swimming	Long Course	All	Open	All	End of Season Racing	31st May 2025

ALL ENRICH ME AQUATICS SWIMMERS MUST BE REGISTERED WITH THE UAE SWIMMING FEDERATION AND WEAR TEAM KIT DURING COMPETITIONS